

**RESIDENT DAILY SCHEDULE**

*REVISED JAN. 2021*

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>7:00 AM</b>	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP (7:30)	WAKE UP (7:30)
<b>7:30 AM</b>	CHECK-IN	CHECK-IN	CHECK-IN	CHECK-IN	CHECK-IN	CHECK-IN (8:00)	CHECK-IN (8:00)
<b>7:45 AM</b>	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS (8:15)	MEDICATIONS (8:15)
<b>8:00 AM</b>	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST (8:30)	BREAKFAST (8:30)
<b>8:45 AM</b>	GOOD MORNING	GOOD MORNING	GOOD MORNING	GOOD MORNING	GOOD MORNING	GOOD MORNING (9:15)	GOOD MORNING (9:15)
<b>9:30 AM</b>	WORKSHOP	WORKSHOP	WORKSHOP	WORKSHOP	LAND-BASED ACTIVITY	PHONE OPEN (9:45)	PHONE OPEN (9:45)
<b>11:00 AM</b>	COUNSELING	COUNSELING	COUNSELING	COUNSELING	COUNSELING	PERSONAL TIME (10:00)	PERSONAL TIME (10:00)
<b>11:45 AM</b>	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
<b>12:00 PM</b>	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
<b>12:30 PM</b>	PERSONAL TIME	PERSONAL TIME	PERSONAL TIME	PERSONAL TIME	PERSONAL TIME	PERSONAL TIME	PERSONAL TIME
<b>1:15 PM</b>	CULTURAL WORKSHOP	CULTURAL WORKSHOP	PHONE OPENS (1:15 - 4:00)	CULTURAL WORKSHOP	GROUP CIRCLE (1:00)	WEEKEND ACTIVITY	WEEKEND ACTIVITY
<b>3:00 PM</b>	COUNSELING	COUNSELING	BEDROOM CLEANUP (2:00)	COUNSELING	COUNSELING		
<b>4:15 PM</b>	CHECK-IN	CHECK-IN	CHECK-IN	CHECK-IN	CHECK-IN	CHECK-IN	CHECK-IN
<b>4:30 PM</b>	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
<b>4:45 PM</b>	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER (5:00)	SUPPER (5:00)
<b>5:30 PM</b>	PHONE OPEN/PERSONAL	PHONE OPEN/PERSONAL	PHONE OPEN/PERSONAL	PHONE OPEN/PERSONAL	PHONE OPEN/PERSONAL	PHONE OPEN/PERSONAL	PHONE OPEN/PERSONAL
<b>6:30 PM</b>	WORKSHOP	N.A. MEETING (7:00)	WORKSHOP	A.A INTERGROUP (7:00)			WORKSHOP
<b>8:00 PM</b>	PERSONAL TIME	PERSONAL TIME	PERSONAL TIME	PERSONAL TIME			PERSONAL TIME
<b>9:00 PM</b>	HOMEWORK/JOURNAL	HOMEWORK/JOURNAL	HOMEWORK/JOURNAL	HOMEWORK/JOURNAL	HOMEWORK/JOURNAL		
<b>10:00 PM</b>	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
<b>11:00 PM</b>	PHONE CLOSED LIGHTS OUT	PHONE CLOSED LIGHTS OUT	PHONE CLOSED LIGHTS OUT	PHONE CLOSED LIGHTS OUT	PHONE CLOSED LIGHTS OUT (12 AM)	PHONE CLOSED LIGHTS OUT (12 AM)	PHONE CLOSED LIGHTS OUT

