

RESIDENT DAILY SCHEDULE

REVISED OCTOBER 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP	WAKE UP (7:30)	WAKE UP (7:30)
7:15 AM	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (7:45)	CELL PHONE (7:45)
7:30 AM	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS (8:15)	MEDICATIONS (8:15)
7:45 AM	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST (8:30)	BREAKFAST (8:30)
8:15 AM	WELI/CIRCLE	WELI/CIRCLE	WELI/CIRCLE	WELI/CIRCLE	WELI/CIRCLE	WELI/CIRCLE (9:00)	WELI/CIRCLE (9:00)
9:00 AM	COUNSELING	COUNSELING	COUNSELING	COUNSELING	COUNSELING		
10:00 AM			CLIENT ROOM CLEANUP				
11:30 AM	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	SWEAT LODGE PREP/CHURCH
11:45 AM	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
12:00 PM	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00 PM	WORKSHOP	WORKSHOP	WORKSHOP	WORKSHOP	WORKSHOP	ON THE LAND	SWEAT LODGE
2:30 PM	WORKSHOP	WORKSHOP	WORKSHOP	WORKSHOP	WORKSHOP		
4:15 PM	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
4:30 PM	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
5:00 PM	CLIENT CHORES	CLIENT CHORES	CLIENT CHORES	CLIENT CHORES	CLIENT CHORES	CLIENT CHORES	CLIENT CHORES
5:30 PM	CELL PHONE (PHONE BOOTH)	CELL PHONE/TV TIME OPEN	CELL PHONE (PHONE BOOTH)	CELL PHONE (PHONE BOOTH)	CELL PHONE/TV TIME OPEN	CELL PHONE (PHONE BOOTH)	CELL PHONE/TV TIME OPEN
6:00 PM	TV TIME OPEN	DEPANNEUR	TV TIME OPEN	TV TIME OPEN	MAXI SHOPPING	MOVIE TIME (5:30 - 8:45)	TALK CIRCLE AROUND FIRE
7:30 PM	GYM IN NR	N.A. MEETING (7PM)	GYM IN NR	WELLBRIETY (7PM)	GYM IN NR		
8:00 PM	GOOD EVENING	GOOD EVENING	GOOD EVENING	GOOD EVENING	GOOD EVENING	GOOD EVENING	GOOD EVENING
9:45 PM	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS	MEDICATIONS
10:45 PM	TV CLOSE	TV CLOSE	TV CLOSE	TV CLOSE	TV CLOSE (11:45)	TV CLOSE (11:45)	TV CLOSE
11:00 PM	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT (12 AM)	LIGHTS OUT (12 AM)	LIGHTS OUT